



Circular No: MSN/PB/MB/SB/15/2024

**Morning Games
Classes IV- IX & XI**

20.04.2024

Dear Parents

We are thrilled to announce the launch of morning games for students in grades **IV- IX & XI**, commencing from Monday, 22 April 2024. These invigorating sessions will take place daily from 6:50 am to 7:50 am, setting the perfect tone for the day ahead.

The primary aim behind introducing morning games is to foster physical fitness, team camaraderie, and a culture of wellness among our students. We strongly urge all students to actively participate as it contributes significantly to their holistic development. During these sessions, students will have the opportunity to engage in a variety of activities under the expert guidance of trained instructors. The activities are:

| Game/Sports | Teacher Incharge |
|--------------|----------------------------|
| Basketball | Mr. Kishan Pal |
| Cricket | Mr. Aman Zutshi |
| Chess | Mr. Hitesh Bhatia |
| Badminton | Ms. Sweety Kaura |
| Table Tennis | Mr. AshishPrakash |
| Football | Mr. Jamir Arif / Ms. Mamta |
| Taekwondo | Mr. Brij Mohan Khanna |
| Yoga | Ms Simran/ Ms Pallavi |
| Lawn Tennis | Mr Satbir Singh |
| Skating | Mr Zaheer Khan |
| | |

Please fill the consent form with 1st and 2nd choice.

We encourage students to embrace this opportunity to stay fit, active, and explore new sporting endeavors. It is imperative to arrive punctually and come prepared with suitable sports attire and footwear.

Let's kick-start our mornings with vitality, zest, and sportsmanship!

Warm regards

Alka Awasthi
Principal

Consent Form

My ward _____ of class /sec _____ has opted for

Choice 1 _____

Choice 2 _____

Parents Signature _____