



Circular No. – MSN/MB/SB/36/2024

**Morning Games
Classes III-V**

01.07.2024

Dear Parents

We are thrilled to announce the launch of morning games for students in grades **III-V**, commencing from Wednesday, 3 July 2024. These invigorating sessions will take place daily from 6:50 am to 7:50 am, setting the perfect tone for the day ahead.

The primary aim behind introducing morning games is to foster physical fitness, team camaraderie, and a culture of wellness among our students. We strongly urge all students to actively participate as it contributes significantly to their holistic development. During these sessions, students will have the opportunity to engage in a variety of activities under the expert guidance of trained instructors. The activities are:

Game/Sports	Teacher Incharge
Basketball	Mr. Kishan Pal
Cricket	Mr. Aman Zutshi
Chess	Mr. Hitesh Bhatia
Badminton	Ms. Sweety Kaura
Table Tennis	Mr. AshishPrakash
Football	Mr. Jamir Arif / Ms. Mamta
Taekwondo	Mr. Brij Mohan Khanna
Yoga	Ms Simran/ Ms Pallavi
Lawn Tennis	Mr Satbir Singh
Skating	Mr Zaheer Khan
Swimming	Mr. Hitesh Bhatia

Please fill the consent form with 1st and 2nd choice by, 2nd July 2024

We encourage students to embrace this opportunity to stay fit, active, and explore new sporting endeavors. It is imperative to arrive punctually and come prepared with suitable sports attire and footwear.

Let's kick-start our mornings with vitality, zest, and sportsmanship!

Warm regards

Alka Awasthi
Principal

Consent Form

My ward _____ of class /sec_____ has opted for

Choice1 _____

Choice 2 _____

Parents Signature _____